## **Health Information Card**

## **Health Information Card**

An <u>emergency health information card</u> is essential for first responders, offering vital medical and contact details if you're incapacitated. It should include information on disabilities, medications, allergies, communication issues, preferred treatments, medical providers, and emergency contacts.

Print and fill it out with permanent ink, and keep several copies in your emergency kit, car, wallet, purse, or wheelchair pack.

Name: Date of Birth: Address:			Home Phone: Cell Phone:				
				City: S			
				Home Phone:			Doctor's Name:
Cell Phone:			Phone:				
E-mail address:							
Insurance/Health Plan:							
Individual #:		_ Group #:	Pharmacy Address:				
SPECIAL CONDITIONS:							
ALLERGIES:							